

GENERAL INFORMATION FOR STUDENTS

1. Cost of Living

The national currency in Spain is the Euro (€). The Euro is divided into cents (1 Euro= 100 cents). The coins are in denominations of 1, 2, 5, 10, 20, and 50 cents. There are also 1 and 2 Euro coins. Paper currency is available in notes of 5, 10, 20, 50, 100, 200, and 500 Euros.

Cost of living estimate (monthly)

- o Rent (in shared housing): 120 220 €
- o Rent (living alone): 350 600 €
- o Food (per person, per month): 100 150 €
- Daily UMH dining hall lunch meal, with salad, first and second plates, beverage, dessert, and bread: approximately 5 €.
- o Transport (Trolley, Bus): 30 40 €
 - one trip public city bus: 1,30 €
 - 10-trip public city bus pass: 8,00€
 - 10-trip public city bus pass (students): 6,00€
 - 25-trip public city bus pass: 25,60€
 - http://www.auesa.es/oficinavirtual.asp
- Utility bills (water, electricity, gas, internet): 60 80 €
- o Other expenses: 150 € (rough estimate)
- o Total (min-max estimation): 480 620 €

2. Accommodation

The UMH does not possess residence halls at this time. For assistance with your lodging search, the UMH's Programa Nido contains a database of owners who publish their offers, listing apartment conditions; services included in the rent and those that are not, requirements, locations, prices, etc. Student message boards at the distinct campuses announce shared housing. For more information, the student delegations in charge of assisting in your search for lodging are:

- Altea Campus email: aeiou.altea@delegacion.umh.es
- Elche Campus email:
 - o <u>aeiou.galia@delegacion.umh.es</u>

- o <u>aeiou.epse@delegacion.umh.es</u>
- o aeiou.experimentales@delegacion.umh.es
- o aeiou.sociosanitarias@delegacion.umh.es
- Orihuela Campus email:
 - o aeiou.epso@delegacion.umh.es
 - o <u>aeiou.salesas@delegacion.umh.es</u>
- Sant Joan d'Alacant Campus email:
 - o aeiou.farmacia@delegacion.umh.es
 - o <u>aeiou.medicina@delegacion.umh.es</u>

Another option to assist in your lodging search is to request the International Relations Office to assign you a student tutor, or BUDDY. These are UMH students who will facilitate the preparation for your stay and accompany you in the first weeks. In order to participate in this program, you must send an e-mail with your information to movilidad@umh.es

Vidas Compartidas

<u>Vidas compartidas</u>, a joint venture project between UMH, CEU-UCH, UNED and Elche City Hall, thought especially to put in contact elderly people in search of company and assistance with university students in search of accommodation.

- For further support, the UMH has collaboration agreements with several businesses dedicated to lodging:
 - Enalquiler.com: real estate portal listing apartments near each of the four University campuses, as well as all the information, guides, and advice about renting apartments. E-mail: info@enalquiler.com
 - Complejo Residencial Pérez Mateos on the Sant Joan d'Alacant Campus. Avenida Doctor Pérez Mateos - San Juan de Alicante. Telephones: +34 965 65 33 00, +34 965 94 20 50. Reservation fax: +34 965 94 08 18. Office fax: +34 965 94 00 43. E-mail: rsanjuan@psn.es
 - Miguel Hernández University Residence on the Orihuela Campus. Calle Antonio Pinies
 22, Orihuela. Telephone: +34 966 736 722

For short stays, or if you would like to get to know the city before deciding upon a definitive location, you can stay at hotels or hostels. You can find a list of hotels at the websites of the corresponding tourist offices:

- o <u>Elche tourism office</u>, Parque Municipal de Elche. Telephones: +34 96 665 81 95 / +34 96 665 81 96 Fax: +34 965 457 894 email: <u>elx@touristinfo.net</u>
- Alicante tourism office, for information related to Alicante and Sant Joan d'Alacant.
 Calle Portugal, 17 bajo, Alicante. Telephone. +34 965 929 802 Fax +34 965 920 112 –
 email: alicantecentro@touristinfo.net
- Altea tourism office, Calle Sant Pere, 11, Altea. Telephone: +34 965 844 114 Fax: +34
 965 844 213 email:altea@touristinfo.net
- Orihuela tourism office, Plaza de la Salud, Orihuela. Telephone: +34 965 302 747. email: info orihuelaturistica@orihuela.es

3. Meals

University Dining Halls.

There are cafeterias and university dining halls in all campuses. In Elche, you will find them in the buildings of *Altabix*, *La Galia* and *Rectorado*, offering special prices and all sort of menus for students, serving both normal and low-calorie food choices, reduced menus, sandwiches, etc. The cafeteria in Sant Joan d'Alacant is located on the ground floor of *Edificio I* and *Edificio II*. In Orihuela, this is found on the ground floor in the *Tudemir* Building. The different dining halls are opened uninterruptedly from 8.00 am to 8.00 pm, Monday to Friday.

4. Medical Facilities

University Medical Service.

The University Medical Service is integrated in the Labour Risk Prevention Department, and its mission is to guarantee the labour health of the employees and students of the UMH.

Labour health policy at UMH focuses in the achievement of the highest physical, psychological and social status of all member of the University, not only avoiding injuries or illnesses at the work or study place but also optimizing and improving the working and studying conditions.

In order to reach its targets UMH analyze the conditions in all possible scenarios and check the stage of the members of the University, mainly through regular medical checkups and also keeping specific health protocols. This medical activity is attended by experts in labour medicine.

UMH provide first aid rooms in all Campus and, as a complementary service, the Medical Service in Elche Campus offers medical/welfare services, attending every possible emergencies in the Campus. Also, in San Juan Campus, due to the proximity with the

University Hospital, a wheel chair and two ambulance stretchers are available at any necessity.

First aid attention is given by the volunteers of the emergency teams in each Campus

5. Facilities for Special Needs Students

• ATED (Area of Attention to Students with Disabilities)

Current changes in the University studies structure, the functional diversity within our students and their social and personal needs, have generated new demands that have taken Miguel Hernández University into a new policy, passed on 2007. That new norm establishes the creation of a new Area of Attention to Students with Disabilities (ATED).

Services:

- Personal attention: psycho-pedagogical and educational assistance.
- Visits to all services, departments and centres to detect possible needs.
- Interviews to students to evaluate and design the intervention and proceeding to improve quality of service to students with disabilities.
- Informative programs for teachers.
- ATED (Area of Attention for Students with Disabilities, Elche Campus, Hélike Building, Telephone: +34 96 522 2125, email <u>ated@umh.es</u>

6. Insurance

Student Health Insurance

- Students under 28 are provided with a <u>school insurance</u> which covers adverse, fortuitous and/or foreseeable circumstances happened within the University installations.
- Students over 28 can apply for an <u>extended version</u> of the standard school insurance, which they'll have to pay an extra fee.

7. Financial Support for Students

Scholarships

The UMH, in the current worldwide economic and social situation, and with its obligation of promoting and maintaining its spirit of solidarity with the other public institutions, establishes special grant programs in order to help students cover their matriculation fees. These special grant schemes are establish three main purposes:

- To help students economically who wish to study at the UMH.
- To stimulate the students' performances, giving the opportunity to all of those students who don't fulfil the requirements to get a grant from the Ministry of Education or the Regional Government, so they can show a proper academic performance today and compromise to achieve a higher academic performance in the future.
- To guarantee a high quality university education.

UMH gives 3 types of grants:

- To cover matriculation fees for undergraduate students.
- To cover matriculation fees for Master course students.
- To recognise students of academic excellence.

8. Students Affairs Office

International Relations Office (ORI)

The UMH has signed many national and international agreements to promote the mobility of its students and attract foreign students. In its bid for its internationalization, the UMH has set in motion a complete program of activities to facilitate foreign academic stays and to receive students who wish to complete their education in our classrooms.

- Objectives of the International Relations Office (ORI):
 - The Internationalization, based on a user-focused quality policy within the framework of the strategic lines and direction of the Vice-rectory of International Relations, among which strengthening the UMH as a destination university for foreign students by agreements with other foreign universities and institutions is found.
 - Create an environment that favours cooperation between foreign universities and the UMH in the fields of exchanges of faculty members and students, dual or shared degrees, and research projects.
 - Encourage international projects.
 - Promote the UMH's visibility abroad.
- Functions of the International Relations Office (ORI)
 - Supporting and managing the entire university community's mobility (students, faculty, administration and services personnel) in national and international mobility programs.

- Attracting foreign students and managing their academic records, facilitating their integration into the UMH.
- Coordinating and managing language courses.
- Assisting the academic faculty in carrying out cooperation projects with the Agencia Española de Cooperación Internacional (Spanish Agency for International Cooperation).
- Promoting exterior visibility of the UMH by participating in national and international forums and meetings.

9. Learning Facilities

- UMH is constantly working to improve the education, labour market insertion
 perspectives and lifelong learning capabilities of the students, as well as the scientific,
 social and industrial impact of the research activities. In addition, the University is
 strongly committed to improving its international footprint in the upcoming years.
- In order to achieve that, UMH offers great facilities, modern tools and the best installations to create an innovative environment that makes possible the high quality learning we want for our students, and encourages our teachers and researcher to achieve their full potential.
- UMH has 5 Campus (Elche, Sant Joan d'Alacant, Orihuela-Desamparados, Orihuela-Salesas and Altea) with 75 buildings on 975.635 m2, 209.876 m2 built.
- Libraries: On each UMH Campus, there is a library specialized in the courses taught on that campus. With your Intelligent Card, you may check out books and other documents there at the loan and consultation services. Borrowing book stock and document collections belonging to the UMH can be done at any library, independently of either the document's or the user's location. Returning borrowed material can also be done in the same way at any UMH library. You can also renew the books you have borrowed online. The book stock of our University is available to you through a search engine. If you would like to photocopy an authorized article or document, there is a photocopier in the lobby of each library. To use these you need to purchase a card at the copy service.

The libraries possess computers with internet connections for the University community. Wi-Fi access is also available for your electronic equipment; request information about the wireless connections at the loan desk in each library.

The UMH libraries' hours of operations are the following:

o Altea and Orihuela campuses: continuously from 8:30 AM until 9:00 PM.

Elche and Sant Joan d'Alacant campuses: continuously from 8:00 AM until 9:00
 PM.

The hours of operations of the UMH libraries may vary when class is not in session and during holiday periods as well; consult these in the library website. The UMH also has study halls available for students throughout the entire academic course. During examination periods, the UMH provides 24-hour study halls. The timetables and availability of these halls are announced via the online personal access to all UMH students.

10. International Programs

• <u>Erasmus Program</u>

The Office for Mobility, working under the Vice Rectorate for International Relations, has as primary role managing national and international mobility programs for UMH students, with the purpose of carrying out stays for studying at national and foreign universities, in addition to internships, within the LLP/Erasmus program, at foreign institutions.

Destino Program

The overall objective of the Destino program is to promote mobility for UMH students at foreign universities outside the European Higher Education Area, complementing the Erasmus programme for international mobility and the SICUE program for national mobility. To achieve this objective, the Destino program aims to permit UMH students to carry out academic stays lasting from six months to a full academic year at universities where collaboration and/or exchange student agreements exist, with automatic recognition for course grades earned upon their return.

11. Practical Information for Mobile Students

- http://internacional.umh.es/incoming/
- http://internacional.umh.es/estudiantes/erasmus/umh/
- http://estudios.umh.es/?s=alumno+visitante

12. <u>Language Courses:</u>

• UMH offers Intensive <u>Spanish Courses</u> starting three/four weeks before each semester and also Non-Intensive Spanish Courses during both semesters, in order to encourage a better and faster integration of the incoming students into the university life. Application for those courses will be online. For more information please visit our website http://internacional.umh.es/en or contact movilidad@umh.es.

 UMH offers Intensive and Non-intensive language courses (English, German, French, Italian and Portuguese). Intensive courses last for the entire month of July and Non-intensive courses last one or two semesters.

13. Internships

http://observatorio.umh.es/en/

14. Sports and Leisure Facilities

http://deportes.umh.es/en/

15. Students Associations

- <u>Student Delegation</u>: You may visit the <u>Student Delegation facilities</u> on each UMH campus, within which the AEIOU (*Atención al Estudiante y Orientación Universitaria*, Student Services and University Orientation) offices are located and where they will help you resolve doubts you may have. Their offices are found at:
 - Elche Campus:
 - Faculty of Social and Legal Sciences of Elche. La Galia Building, ground floor next to the cafeteria.

E-mail: aeiou.galia@delegacion.umh.es

Phone: +34 96 665 90 54

 School of Engineering of Elche. Altabix Building, third floor next to the study hall.

E-mail: aeiou.epse@delegacion.umh.es

Phone: +34 96 665 85 63

 Faculty of Experimental Sciences. Altabix Building, third floor next to the study hall.

E-mail: aeiou.experimentales@delegacion.umh.es

Phone: +34 96 665 89 01

Faculty of Public Health Sciences. Altamira Building, classroom 025.

E-mail: <u>aeiou.sociosanitarias@delegacion.umh.es</u>

Phone: +34 96 522 13 57

- Sant Joan d'Alacant Campus:
 - Faculty of Medicine. Building 1, first floor.

E-mail: aeiou.medicina@delegacion.umh.es

Phone: +34 96 591 60 06

Faculty of Pharmacy. Building 3, first floor.

E-mail: aeiou.farmacia@delegación.umh.es.

Phone: +34 96 591 92 57

- Orihuela Campus:
 - Faculty of Social and Legal Sciences of Orihuela. Ground floor (Salesas campus).

E-mail: aeiou.salesas@delegacion.umh.es.

Phone: +34 96 674 98 24

 School of Engineering of Orihuela. Tudemir Building, new classroom (Desamparados campus).

E-mail: aeiou.epso@delegacion.umh.es.

Phone: +34 96 674 97 67

- Altea Campus:
 - Faculty of Fine Arts. Bérnia Building, second floor.

E-mail: <u>aeiou.altea@delegacion.umh.es.</u>

Phone: +34 96 685 91 20