

**27th November -1st December  
2023**

**Organizing Committee Members of the  
V INTERUNIVERSITY EUROPEAN MEETING  
OF PHYSIOTHERAPY**

*Dr. Carlos Lozano Quijada. President.*

*Dr. José Vicente Toledo Marhuenda. Secretary.*

*Dr. Víctor Moreno Pérez*

*Dr. Sergio Hernández Sánchez*

*Dr. M<sup>a</sup> Carmen Lillo Navarro*

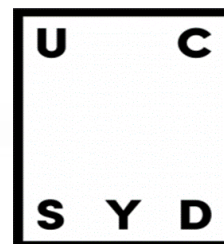
*Dr. M<sup>a</sup> Isabel Tomás Rodríguez*

*Dr. Emilio J. Poveda Pagán*

**CEIT**   
**FISIOTERAPIA**  
CENTRO DE INVESTIGACIÓN TRASLACIONAL EN FISIOTERAPIA



**MIGUEL HERNÁNDEZ UNIVERSITY**  
&  
**UNIVERSITY COLLEGE SOUTH DENMARK**



**V INTERUNIVERSITY EUROPEAN  
MEETING OF PHYSIOTHERAPY**

**MIGUEL HERNÁNDEZ UNIVERSITY**

*Faculty of Medicine  
San Juan Campus*

# V INTERUNIVERSITY EUROPEAN MEETING OF PHYSIOTHERAPY

## Monday, 27th November 2023

### PRACTICAL LESSONS AND WORKING GROUPS.

Miguel Hernández University. Campus San Juan.

#### 09.30h – 11.00h.

GROUP A Danish students (Elche group):

**Median nerve in the carpal tunnel syndrome: a neurodynamic approach.** Dr. Carlos Lozano-Quijada; Dr. Emilio J. Poveda-Pagán; Jaime Gascón Jaen. Severo Ochoa Building - Laboratory 4.1.01.

GROUP B Danish students (San Juan group)

**Neuromuscular and biomechanics assessment.** Dr. Víctor Moreno Pérez; Aaron Miralles Iborra; Dr. Sergio Hernández-Sánchez. Sports area campus San Juan

#### 11.00h – 11.30h. COFFEE BREAK.

#### 11.30h – 13.00h.

GROUP A Danish students (Elche group)

**Neuromuscular and biomechanics assessment.** Dr. Víctor Moreno Pérez; Aaron Miralles Iborra; Dr. Sergio Hernández-Sánchez. Sports area campus San Juan

GROUP B Danish students (San Juan group)

**Median nerve in the carpal tunnel syndrome: a neurodynamic approach.** Dr. Carlos Lozano-Quijada; Dr. Emilio J. Poveda-Pagán; Jaime Gascón Jaen. Severo Ochoa Building - Laboratory 4.1.01.

#### 13.30h– 16.00h. FREE LUNCH

#### 16.00h – 18.00h. GROUP A Danish students (Elche group)

**Visit to the anatomy area. Anatomy class and dissection practice.** Dr. Diego Echevarría Aza; Miguel Delicado Miralles. Severo Ochoa Building.

## Tuesday, 28th November 2023

#### 16.00 – 18.00 h. Group Spanish Students

#### Postural control, functional analysis and fall prevention.

*Katrine Oertel Frederiksen and Gitte Hansen Fredslund.* Ochoa Building - Laboratory 4.1.01.

## Wednesday, 29th November 2023

**CULTURAL DAY:** Cultural and gastronomic visits to Alicante, Elche and Altea cities. Students meet.

## Thursday, 30th November 2023

#### 10.00 – 12.00 h.

#### CLINICAL PRACTICE TEACHING IN PHYSIOTHERAPY DEGREE - PHYSIOTHERAPY SERVICES IN ALICANTE AND ELCHE HOSPITALS.

GROUP A Danish students (Elche group):

**How the physiotherapist works in each department of health.** Visit to Elche Hospital. Jorge Roses Conde\*; Ramón López Mateu\*; Isabel Pertusa Mazón\*; Silvia García Blasco\*; Carlos Lozano Quijada; Sergio Hernández Sánchez.  
\*Physiotherapy Service in Elche Hospital.

GROUP B Danish students (San Juan group):

**How the physiotherapist works in each department of Health.** Visit to Alicante Hospital. Pilar Cordoba Romero\*; José A. Torrente de la Rosa\*; Isabel Ruíz López\*; Virginia Martínez Morcillo\*; Gloria Gamayo Carreño\*; M<sup>a</sup> Teresa Álvarez Rodríguez\*; Olga Carmona Romero\*; José Vicente Toledo Marhuenda; M<sup>a</sup> Carmen Lillo Navarro; M<sup>a</sup> Isabel Tomás Rodríguez.  
\*Physiotherapy Service in Alicante Hospital.

#### FREE LUNCH

#### 16.00 – 18.00 h. GROUP B Danish students (San Juan group)

**Visit to the anatomy area. Anatomy class and dissection practice.** Dr. Diego Echevarría Aza; Miguel Delicado Miralles. Severo Ochoa Building.

## Friday, 1st December 2023

**CONFERENCES DAY** (Danish and Spanish students)  
Assembly Hall Severo Ochoa Building

#### 9.15h – 9.30h. Opening Ceremony

**9.30h – 10.00h. Neurophysiology of painful physical therapy techniques and clinical decision making.** Miguel Delicado Miralles

**10.00h – 10.30h. Are we following the clinical guidelines in fibromyalgia?** Edgar Ferrández-Gómez, Jaime Gascón Jaén, Dr. Rauf Nouni, Dr. Sergio Hernández-Sánchez y Dr. Carlos Lozano-Quijada

**10.30h – 10.50h. Physiotherapy in early intervention in Spain.** Dr. M. Carmen Lillo Navarro

**10.50h – 11.00h. How it is to be a student in physiotherapy in Alicante.** Rania Chaer Rian and Dr. José V. Toledo Marhuenda

**11.00h – 11.10h. Complementary activities to teaching in the Degree in Physiotherapy.** Rania Chaer Rian and Dr. José V. Toledo Marhuenda

**11.10h – 11.30h. Getting to know the International Congress of Physiotherapy in the UMH.** David Martínez Esteban and Dr. M. Carmen Lillo Navarro

#### 11.30 – 11.50h. COFFEE BREAK

**11.50h – 12.20h. Physiotherapy education in Denmark.** Katrine Oertel Frederiksen, Gitte Hansen Fredslund and students.

**12.20h – 13.00h. Similarities and differences at danish and spanish physiotherapy educations.** Katrine Oertel Frederiksen, Gitte Hansen Fredslund and students.

#### 13.00h – 13.20h. Roundtable discussion

#### 13.20 – 13.30h. Closing Ceremony of the Conferences Day

**CATERING LUNCH:** Lab. 02 simulation (Danish students and lectures, with Spanish lectures)